

Raymond Terrace Athletics

Week 6 Program

@ Fri, 16 Jan 2026 10:37 pm

6 Boys

- Event 1 BEAN BAG RACE Location 1
- Event 2 LONG JUMP Location 2
- Event 3 SHOT PUT Location 3
- Event 4 300 METRE PACK START Location 4
- Event 5 100 METRE SPRINT Location 5

7 Boys

- Event 1 200 METRE RUN Location 1
- Event 2 LONG JUMP Location 2
- Event 3 100 METRE SPRINT Location 3
- Event 4 DISCUS Location 4
- Event 5 50 METRE SPRINT Location 5

8 Boys

- Event 1 200 METRE RUN Location 1
- Event 2 DISCUS Location 2
- Event 3 100 METRE SPRINT Location 3
- Event 4 LONG JUMP Location 4

9 Boys

- Event 1 200 METRE RUN Location 1
- Event 2 DISCUS Location 2
- Event 3 100 METRE SPRINT Location 3
- Event 4 LONG JUMP Location 4
- Event 5 400 METRE RUN Location 5

10 Boys

- Event 1 100 METRE SPRINT Location 1
- Event 2 70 METRE SPRINT Location 2
- Event 3 SHOT PUT Location 3
- Event 4 400 METRE RUN Location 4
- Event 5 HIGH JUMP Location 5

11 Boys

- Event 1 SHOT PUT Location 1
- Event 2 200 METRE RUN Location 2
- Event 3 TRIPLE JUMP Location 3
- Event 4 400 METRE RUN Location 4

6 Girls

- Event 1 BEAN BAG RACE Location 1
- Event 2 LONG JUMP Location 2
- Event 3 SHOT PUT Location 3
- Event 5 300 METRE PACK START Location 5
- Event 6 100 METRE SPRINT Location 6

7 Girls

- Event 1 200 METRE RUN Location 1
- Event 2 LONG JUMP Location 2
- Event 3 100 METRE SPRINT Location 3
- Event 4 DISCUS Location 4
- Event 5 50 METRE SPRINT Location 5

8 Girls

- Event 1 200 METRE RUN Location 1
- Event 2 DISCUS Location 2
- Event 3 100 METRE SPRINT Location 3
- Event 4 LONG JUMP Location 4

9 Girls

- Event 1 200 METRE RUN Location 1
- Event 2 DISCUS Location 2
- Event 3 100 METRE SPRINT Location 3
- Event 4 LONG JUMP Location 4
- Event 5 400 METRE RUN Location 5

10 Girls

- Event 1 100 METRE SPRINT Location 1
- Event 2 70 METRE SPRINT Location 2
- Event 3 SHOT PUT Location 3
- Event 4 400 METRE RUN Location 4
- Event 5 HIGH JUMP Location 5

11 Girls

- Event 1 SHOT PUT Location 1
- Event 2 200 METRE RUN Location 2
- Event 3 TRIPLE JUMP Location 3
- Event 4 400 METRE RUN Location 4

Event 5 80 METRE HURDLES Location 5

12 Boys

Event 1 1500 METRE WALK Location 1

Event 2 LONG JUMP Location 2

Event 3 100 METRE SPRINT Location 3

Event 4 JAVELIN Location 4

Event 5 80 METRE HURDLES Location 5

Event 6 400 METRE RUN Location 6

13 Boys

Event 1 3,000 METRE WALK Location 1

Event 2 200 METRE RUN Location 2

Event 3 TRIPLE JUMP Location 3

Event 4 800 METRE RUN Location 4

Event 5 HIGH JUMP Location 5

Event 6 400 METRE RUN Location 6

14 Boys

Event 1 3,000 METRE WALK Location 1

Event 2 200 METRE RUN Location 2

Event 3 TRIPLE JUMP Location 3

Event 4 800 METRE RUN Location 4

Event 5 HIGH JUMP Location 5

Event 6 400 METRE RUN Location 6

15 Boys

Event 1 3,000 METRE WALK Location 1

Event 2 200 METRE RUN Location 2

Event 3 TRIPLE JUMP Location 3

Event 4 800 METRE RUN Location 4

Event 5 HIGH JUMP Location 5

Event 6 400 METRE RUN Location 6

16 Boys

Event 1 3,000 METRE WALK Location 1

Event 2 100 METRE SPRINT Location 2

Event 3 DISCUS Location 3

Event 4 400 METRE RUN Location 4

Event 5 LONG JUMP Location 5

Event 6 200 METRE RUN Location 6

Event 7 JAVELIN Location 7

17 Boys

Event 5 80 METRE HURDLES Location 5

12 Girls

Event 1 1500 METRE WALK Location 1

Event 2 LONG JUMP Location 2

Event 3 100 METRE SPRINT Location 3

Event 4 JAVELIN Location 4

Event 5 80 METRE HURDLES Location 5

Event 6 400 METRE RUN Location 6

13 Girls

Event 1 3,000 METRE WALK Location 1

Event 2 200 METRE RUN Location 2

Event 3 TRIPLE JUMP Location 3

Event 4 800 METRE RUN Location 4

Event 5 HIGH JUMP Location 5

Event 6 400 METRE RUN Location 6

14 Girls

Event 1 3,000 METRE WALK Location 1

Event 2 200 METRE RUN Location 2

Event 3 TRIPLE JUMP Location 3

Event 4 800 METRE RUN Location 4

Event 5 HIGH JUMP Location 5

Event 6 400 METRE RUN Location 6

15 Girls

Event 1 3,000 METRE WALK Location 1

Event 2 200 METRE RUN Location 2

Event 3 TRIPLE JUMP Location 3

Event 4 800 METRE RUN Location 4

Event 5 HIGH JUMP Location 5

Event 6 400 METRE RUN Location 6

16 Girls

Event 1 3,000 METRE WALK Location 1

Event 2 100 METRE SPRINT Location 2

Event 3 DISCUS Location 3

Event 4 400 METRE RUN Location 4

Event 5 LONG JUMP Location 5

Event 6 200 METRE RUN Location 6

Event 7 JAVELIN Location 7

17 Girls

Event 1 3,000 METRE WALK Location 1
Event 2 100 METRE SPRINT Location 2
Event 3 DISCUS Location 3
Event 4 400 METRE RUN Location 4
Event 5 LONG JUMP Location 5
Event 6 200 METRE RUN Location 6
Event 7 JAVELIN Location 7

Under 20 Boys

Event 1 3,000 METRE WALK Location 1
Event 2 100 METRE SPRINT Location 2
Event 3 DISCUS Location 3
Event 4 400 METRE RUN Location 4
Event 5 LONG JUMP Location 5
Event 6 200 METRE RUN Location 6
Event 7 JAVELIN Location 7

OPEN Boys

Event 1 3,000 METRE WALK Location 1
Event 2 100 METRE SPRINT Location 2
Event 3 DISCUS Location 3
Event 4 400 METRE RUN Location 4
Event 5 LONG JUMP Location 5
Event 6 200 METRE RUN Location 6
Event 7 JAVELIN Location 7

MASTER-30-49 Boys

Event 1 3,000 METRE WALK Location 1
Event 2 100 METRE SPRINT Location 2
Event 3 DISCUS Location 3
Event 4 400 METRE RUN Location 4
Event 5 LONG JUMP Location 5
Event 6 200 METRE RUN Location 6
Event 7 JAVELIN Location 7

MASTER-50-59 Boys

Event 1 3,000 METRE WALK Location 1
Event 2 100 METRE SPRINT Location 2
Event 3 DISCUS Location 3
Event 4 400 METRE RUN Location 4
Event 5 LONG JUMP Location 5
Event 6 200 METRE RUN Location 6
Event 7 JAVELIN Location 7

MASTER-60-69 Boys

Event 1 3,000 METRE WALK Location 1
Event 2 100 METRE SPRINT Location 2
Event 3 DISCUS Location 3
Event 4 400 METRE RUN Location 4
Event 5 LONG JUMP Location 5
Event 6 200 METRE RUN Location 6
Event 7 JAVELIN Location 7

Under 20 Girls

Event 1 3,000 METRE WALK Location 1
Event 2 100 METRE SPRINT Location 2
Event 3 DISCUS Location 3
Event 4 400 METRE RUN Location 4
Event 5 LONG JUMP Location 5
Event 6 200 METRE RUN Location 6
Event 7 JAVELIN Location 7

OPEN Girls

Event 1 3,000 METRE WALK Location 1
Event 2 100 METRE SPRINT Location 2
Event 3 DISCUS Location 3
Event 4 400 METRE RUN Location 4
Event 5 LONG JUMP Location 5
Event 6 200 METRE RUN Location 6
Event 7 JAVELIN Location 7

MASTER-30-49 Girls

Event 1 3,000 METRE WALK Location 1
Event 2 100 METRE SPRINT Location 2
Event 3 DISCUS Location 3
Event 4 400 METRE RUN Location 4
Event 5 LONG JUMP Location 5
Event 6 200 METRE RUN Location 6
Event 7 JAVELIN Location 7

MASTER-50-59 Girls

MASTER-60-69 Girls

Event 999 **100 METRE SPRINT** Location 999
Event 999 **200 METRE RUN** Location 999
Event 999 **3,000 METRE WALK** Location 999
Event 999 **DISCUS** Location 999
Event 999 **JAVELIN** Location 999
Event 999 **LONG JUMP** Location 999

MASTER-70-100 Boys

Event 1 **1500 METRE WALK** Location 1
Event 2 **3,000 METRE WALK** Location 2
Event 3 **100 METRE SPRINT** Location 3
Event 4 **400 METRE RUN** Location 4
Event 5 **LONG JUMP** Location 5
Event 5 **DISCUS** Location 5
Event 6 **200 METRE RUN** Location 6
Event 8 **JAVELIN** Location 8

Event 999 **200 METRE RUN** Location 999
Event 999 **400 METRE RUN** Location 999
Event 999 **1500 METRE WALK** Location 999
Event 999 **3,000 METRE WALK** Location 999
Event 999 **DISCUS** Location 999
Event 999 **JAVELIN** Location 999
Event 999 **LONG JUMP** Location 999

MASTER-70-100 Girls

Event 1 **1500 METRE WALK** Location 1
Event 2 **3,000 METRE WALK** Location 2
Event 3 **100 METRE SPRINT** Location 3
Event 4 **400 METRE RUN** Location 4
Event 5 **LONG JUMP** Location 5
Event 5 **DISCUS** Location 5
Event 6 **200 METRE RUN** Location 6
Event 8 **JAVELIN** Location 8